

# SACRED SOLAR JOURNEYS PERU / BOLIVIA

JUNE 15<sup>TH</sup> – JULY 6<sup>TH</sup> 2019

*Imagine yourself on a South American Adventure to discover the delights of Peru and Bolivia at the special time of the Autumn Equinox*

*We plan to be at Machu Picchu for the Sun Rise on the day of the Equinox.*

*Traditionally the Autumn Equinox represents a time of balance between light and dark. It is a time to give thanks for the harvest and to draw energies back into ourselves to restore balance. It is a time for healing and going inward to prepare for the Winter ahead. We use this time to honour "Pachamamma" and deepen our connection to the Earth.*



*For the first part of the trip we will base ourselves in the beautiful Sacred Valley as there are many exceptional Sacred Sites in this region including Machu Picchu. This will give you time to adjust to the high altitudes before we go back to Cusco to enjoy all this wonderful city has to offer and explore the numerous sites there.*



*We connect with the Q'ero shamans who trek for days from their remote homes high in the Andes to be with us. We participate in ceremonies with them at various sites and you may also have the opportunity to have a private Coca leaf reading or healing session with them.*



*While the emphasis of this tour is a spiritual one, you will also discover the Culinary and Musical delights of these regions while experiencing the wonder and power of the many Sacred Sites*

*The food of these regions is exceptional as there is an abundance of fresh, organic produce. The Sacred Valley is a fertile “food bowl” of the region and fresh trout is a specialty. For the adventurous there is also Guinea Pig and Alpaca.*



*Peru is becoming known as a world leader in modern cuisine and there are many “fine dining” restaurants as well as the more “rustic” dining establishments.*

*Music is very much a part of the South American culture. You can listen to the traditional music or enjoy the emerging modern music scene.*



*We spend quite a bit of time at Lake Titicaca in Bolivia. This region is one of rare power and incredible beauty. There are islands in this region that hold the secrets of the ages. Our guides and Shamans work with us to help unlock these secrets make our visit an unforgettable experience.*



*There are many, many Sacred Sites to explore and our experienced guides will ensure that you visit the best of these including Sacsayhuaman, Machu Picchu, Pisac, Ollantaytambo, Lake Titicaca, the Aramu Muru gateway, the Floating Islands, Islands of the Sun and Moon, Tiahuanaco and Copacabana.*



*You can even visit the “Witches Markets” in La Paz.*

*- All of this in a setting of raw and powerful beauty.*



*The group is kept to 10 or 12 people  
I keep the group size small to ensure a more intimate  
experience and find that we are often able to go to places  
inaccessible to larger groups*

*The itinerary is a guide as this tour will be flexible so that  
at the discretion of our guides we are able to take advantage  
of the magic that happens in these places.*

*The tour includes - guides, accommodation, private  
transport, entrance to sacred sites, breakfasts some lunches  
and some dinners.*

*You are responsible for all flights eg Brisbane -> Lima->  
Cusco and return La Paz (Bolivia) -> Brisbane.*

*You are also responsible for your own travel insurance  
which is mandatory.*

*Tips are not included but are expected. (allow min \$300 US)*

***COST*** - \$6,000 USD twin share plus Airfares and spending money.  
*Single Room is an extra US\$600*

*A non refundable deposit of \$2000 AUD is required to  
secure your place as this is a small group.*

***Contact*** Annie McKenzie for further details

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